



Lodge Group Care UK Ltd

We are passionate about care.

A specialist care team with a reputation for delivering excellence with a family feel.

ABOUT US

We understand that placing the care of a family member or loved one in the hands of a professional carer or support worker can be fraught with anxiety. We are here to help you make the best choice for them. At Lodge Group our aim is to listen, to get to know you, and offer care tailored to your requirements.

Today there are many ways to support those that need assistance, it's no longer just a choice between living self-sufficiently at home or 'going to a care home'. Care at home enables service users to live in the comfort of their own home, whilst receiving the care they need from highly trained and friendly carers. This could be through our Health and Wellbeing Support Package or more targeted specific support.

We believe in looking after our team of carers, creating a family environment that transfers into the care we offer our clients - we want them to feel part of the Lodge Group family.

At Lodge Group we offer a range of exceptional, specialist care services for adults across London and Essex.



“Lodge Group have been looking after both of us for around 6 months, the care we get means our daughter can focus more on her own family than us.”

Mr and Mrs Davenport



We would love to talk to you about how we can support you.

**Call us on
01708 208 118.**

Who we support

We have many years' experience offering care at home for a range of clients. Every client is different, which means every care plan we put together is unique and tailor-made. We are equipped to deal with many different circumstances.

Our clients may include:

- Older people
- Adults with physical disabilities
- Adults with sensory impairment
- People living with dementia
- People discharged from hospital with re-enablement or temporary care needs
- People living with terminal illness or life-limiting condition
- People with learning difficulties

WHY US?

We at Lodge Group have made it our mission to be a care provider that goes above and beyond. We communicate frequently with our care team and it's always refreshing to hear such positive feedback from those we care for and those that are part of our home care team.

We are a family

At Lodge Group we are one big family and we all have one thing in common, the desire to offer the highest standard of care. We support each other, which means we can offer better support to our clients. In fact, we go as far as treating our clients as part of our Lodge Group family too, empowering them to live as independently as possible.

We only recruit the right people

It all begins with our rigorous recruitment process; we ensure we recruit people that share our values and have a genuine passion for helping others. This is essential to ensure we meet the high standards we have become known to deliver.



I have never worked at a care provider that has made me feel as supported as the Lodge Group. If I have any concerns or issues, I know I can lean on other members of the team. They are not only my colleagues; they have become dear friends. We all share common views on how care should be delivered and I can't imagine working for anyone else

Gisele Bolozi,
Care Worker at Lodge Group since 2012

We value and support our staff

Our ability to deliver exceptional care comes from our commitment to make our staff feel valued, supported and fully equipped to meet the demands of their incredibly important work. We offer comprehensive, on-going training and support to all our staff. Our training programme is critical in ensuring high level of standards and we love to help our staff grow and develop as much as they desire. We know if we look after our staff, they will look after you.

The carers at Lodge Group Care are brilliant! They give 100% and go the extra mile for my dad. Everything he needs done, is done to the highest standard.

Mr C Cossey and daughter Sue

We continually strive to do better

As a well-respected care provider in London and Essex, we're dedicated to providing safe, caring, effective and responsive care. But more than that, every member of our team makes it their mission to go the extra mile for their service users. Whether it's making the most of the latest technology innovations, encouraging our staff to train up, or simply listening to clients, we are always on the look out for ways to ensure we will deliver excellent care.

We would love the opportunity to tell you more about what makes us so different.

**Call us on
01708 208 118.**



OUR SIX-STEP PROCESS



1. The Care Assessment

We'll carry out a comprehensive care and support assessment, assessing mobility, medication, allergies, nutrition, bathing needs and more. This gives us a complete picture of a client's needs and requirements.



2. The Property Risk Assessment

The safety of our clients and our carers is paramount, which is why we assess every client's property for potential hazards.



3. The Personal Profile

A big part of delivering truly effective care is getting to know our clients' interests, hobbies and involvement with the community. We, therefore, have a good chat with them and/or their family members so we can learn what is important to them on a more personal level.



4. The Support Network

Our goal is to deliver effective care that complements and supports the care already being received by our clients. That's why we'll identify the key individuals who provide support and care to our clients, both professionals and relatives, and determine how often this support is provided. This ensures we can all work together to provide joined-up care.





5. The Care Plan

Based on all of the information we have gathered, we'll put together a tailored care and support plan for the individual client. This plan is not set in stone and will be updated and adapted to meet their changing needs.

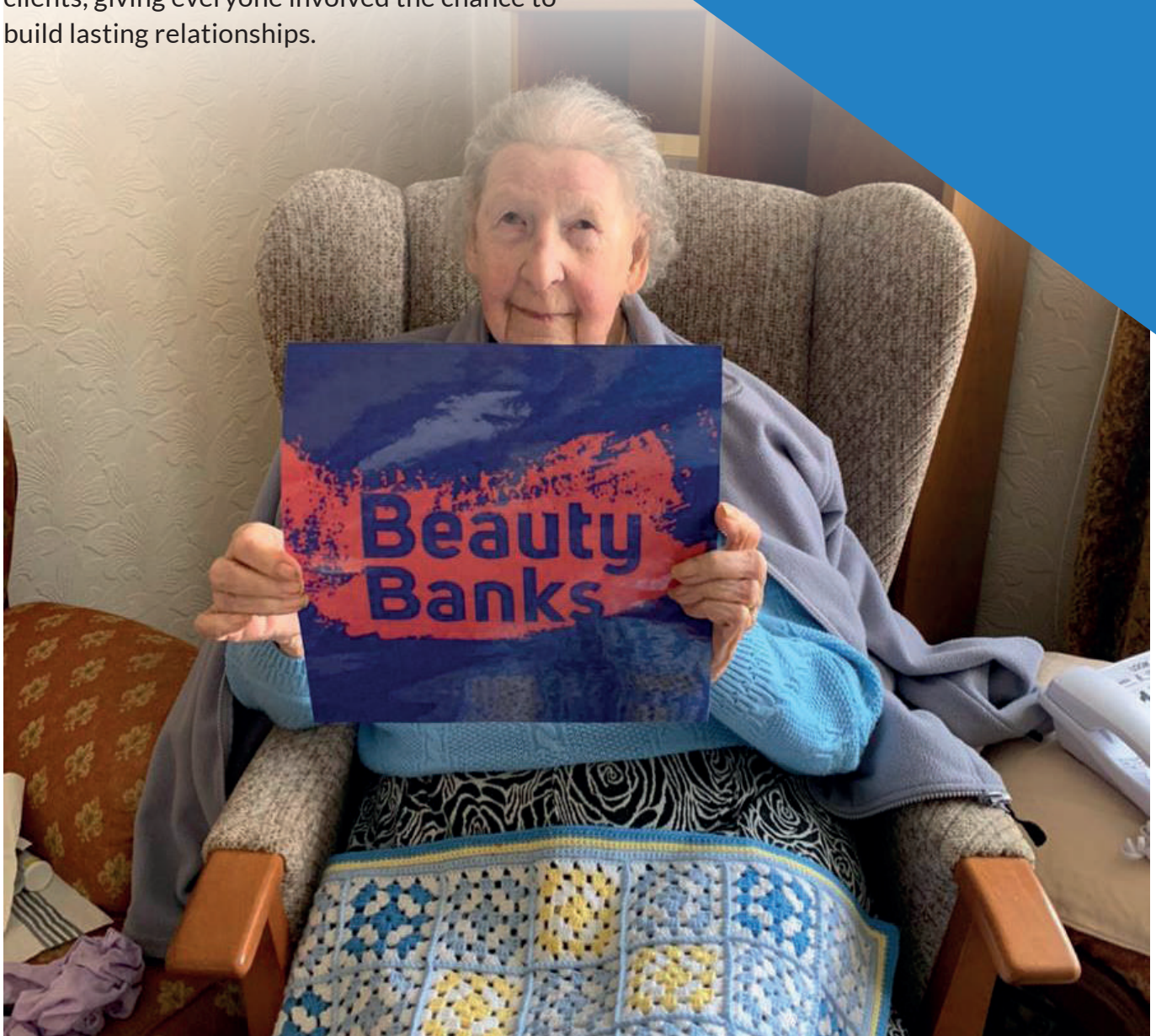


6. Carer Assignment

We value the importance of developing trusting relationships between carers and clients. To facilitate this, we assign a consistent team of carers to deliver personalised care to each of our clients, giving everyone involved the chance to build lasting relationships.

**Book a
free initial
home care
assessment
today.**

**Call us on
01708 208 118.**



OUR HOME CARE SERVICES

We like to work with you on a care plan that suits your needs. Our care plans are designed to assist and empower, enabling our clients to continue an independent lifestyle for as long as they can.

We look at care in a holistic way, which caters to our clients' physical, emotional, mental and spiritual needs.

Typically, care at home involves one or more visits per day, to help with everyday tasks and provide companionship. There is also the option to accompany clients on various outings, such as shopping trips.

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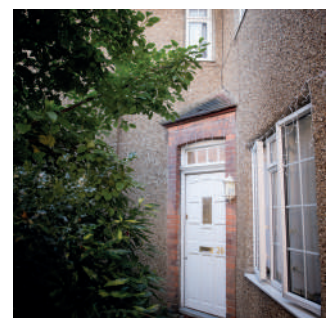
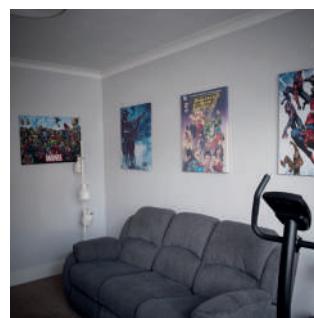
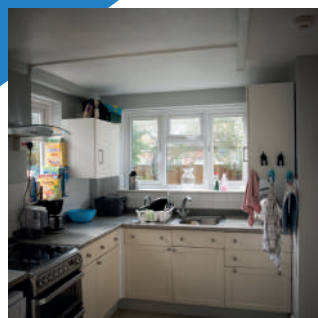
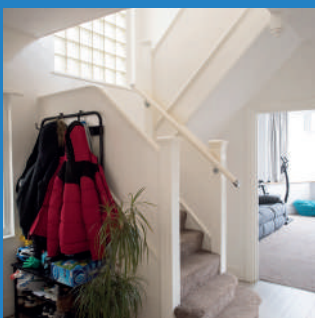
We offer a wide range of services, which may include:

PERSONAL CARE SERVICES

- Help with bathing
- Assist with dressing
- Provide grooming
- Help with incontinence care
- Assist with eating
- Dementia care
- Alzheimer's care
- Provide respite care
- Provide convalescence care
- Provide medication reminders
- Assist with morning/wake up
- Assist with evening/tuck in

The carers have been visiting me for around 2 years now. My regular carer is amazing and knows exactly what I need to make me comfortable. I would recommend them.

David March, Essex

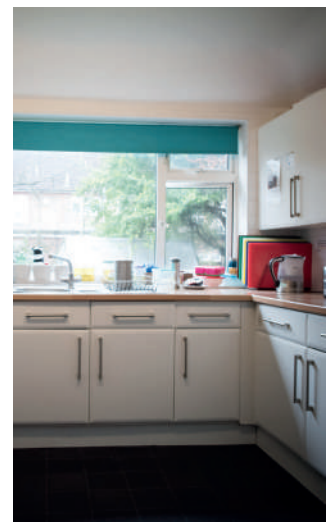


COMPANIONSHIP SERVICES

- Offer companionship and conversation
- Arrange appointments
- Help with travel arrangements
- Stimulate mental awareness
- Escort to appointments
- Assist with clothing selection
- Assist with entertaining
- Help with reading
- Participate in hobbies and crafts
- Monitor diet and eating
- Buy magazines, papers and books
- Rent and play films
- Plan visits, outings and trips
- Visit neighbours and friends
- Accompany to lunch or dinner
- Attend plays or concerts
- Attend club meetings and sporting events
- Discuss current/historical events
- Reminisce about the past

HOME HELP SERVICES

- Collect prescriptions
- Provide light housekeeping
- Dusting and vacuuming
- Help with washing and ironing
- Make beds and change bed linen
- Answer the door
- Organise wardrobes and cupboards
- Take out rubbish
- Meal preparation and tidy away
- Check food expiry dates
- Supervise home maintenance
- Oversee home deliveries
- Care for houseplants
- Assist with pet care
- Prepare shopping lists
- Help with general shopping
- Drop off and collect dry cleaning



OUR SPECIALIST CARE

We have carers that specialise in certain areas, meaning we can support clients that need services tailored to:

- Learning disabilities and difficulties
- End of life care
- Dementia care



After my husband had a stroke we were offered the service of the Lodge Group. The carers are great and help me care for my husband the way I want. The 24-hour helpline gives me peace of mind.

J Dawkins, Havering

Our care is adapted to ensure the client can be as independent as possible and can live a fulfilled life irrespective of their condition. Compassion is key and examples of how we have shown clients compassion in the past include, reading the bible to a client to help them sleep, writing letters on their behalf to family members, creating a memory book for children and playing favourite songs. We have found music therapy particularly effective with clients living with Dementia, helping them relax and reminisce.

We also offer night care to those that require it, we understand that some clients cannot be left alone with certain conditions.

Discuss your circumstances with us, so we can help you identify the best option for you and your family.

Call us on 01708 208 118



OUR HEALTH AND WELLBEING SUPPORT PACKAGE

Everyone has become more aware of the importance of taking care of both body and mind.

Being older may mean we need to look at doing things differently, but there is no reason why you should stop exercising and keeping your mind active. Our Health and Wellbeing Support Package ensures clients remain active and happy at home.

You're never too old to practice mindfulness

'Mindfulness' means maintaining a moment-by-moment awareness of our thoughts, feelings, bodily sensations and surrounding environment. Mindfulness is known to benefit clients emotionally and physically, helping to reduce stress, increase focus and aid sleeping.

A calmer mind is important, and our Health and Wellbeing Package also encourages clients to be inspired and stimulate their minds with learning new skills and taking part in activities, such as crosswords, colouring and painting.

Encouraging and inspiring activities

We get to know our clients before putting together an activity plan that supports their own personal circumstances and abilities, our goal is to encourage them to be as active as they can be. Staying active helps with well-being, strength and balance. The plan may include sitting exercises, easy home or garden workouts and even singing. Our in house occupational therapist can assist with developing the most effective programme.

CONTACT US TODAY

We'd love the opportunity to talk to you about your care requirements.

Tel: 01708 208 118

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